

# Bullying Prevention

## Know Your Rights Guide

Please note this guide is designed for informational purposes only. It is not legal advice and is not intended to create an attorney-client relationship. Please note that this resource is not exhaustive. Situations or inquiries may arise that are not answered below. In those circumstances, you may call 844-9-NO-HATE.

1. You have the right to go to a school that is a welcoming and safe environment.
2. You have a right to report bullying and harassment at school.

**Bullying** is any unwanted aggressive behavior(s) by someone or a group that involves a real or perceived power imbalance. The behavior is repeated or it will probably be repeated many times. Bullying can hurt the targeted person and cause physical, psychological, social, or educational harm.

**Harassment** is unwelcome behavior by someone because of the targeted person's race, national origin, color, sex, age, disability, or religion that is severe, unescapable, or repeated and creates a hostile environment.
3. Schools are required to do something if they know bullying or harassment happened at school or at a school event. Even if bullying was outside of school, you should tell a trusted adult.
4. If bullying or harassment happens because of your race, color, national origin, gender, gender expression, gender identity, sexual orientation, disability, or religion, you may be protected under federal civil rights and discrimination laws.
5. Nearly all states have anti-bullying laws and/or policies. To learn more about your state education laws visit [PrepParents.com/resources](https://PrepParents.com/resources).



LAWYERS' COMMITTEE FOR  
CIVIL RIGHTS  
U N D E R L A W



For more information visit [PrepParents.com](https://PrepParents.com) or [8449nohate.org](https://8449nohate.org)